



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Robrecht, Astrid

Club: LT Haumannplatz Essen
Number: 552

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 2:41:54

Speed: 9.64 km/h
Running performance: 6:11 min/km

Rank in course/Total: 232 (of 537)

Rank in course/Women: 22 (of 97)

Best time in course: 2:02:52

Rank in category: 1(of 17)

Best time in the category: 2:41:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	21:34	6:32	8	2:09	52	6:35	3.30	21:34	6:32	8	2:09	52	6:35
Schlüsie	3.10	21:33	6:57	2	0:16	26	4:49	6.40	43:07	6:44	3	2:09	32	11:13
Hermannsklippe	2.60	18:53	7:15	1	-	23	4:27	9.00	1:02:00	6:53	2	1:35	28	15:15
Brocken	3.10	30:30	9:50	1	-	17	7:49	12.10	1:32:30	7:38	1	-	22	23:04
Eiserner Handwe	3.60	19:52	5:31	2	0:08	34	5:31	15.70	1:52:22	7:09	1	-	22	27:58
Schlüsie	4.10	18:58	4:37	3	0:25	32	5:28	19.80	2:11:20	6:37	1	-	22	32:19
Loddenke	3.10	14:13	4:35	1	-	14	2:57	22.90	2:25:33	6:21	1	-	22	35:16
Ilseburg/Markt	3.30	16:21	4:57	1	-	22	3:46	26.20	2:41:54	6:10	1	-	22	39:02