



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Gartz, Tino

Club: Bad Oldesloe
Number: 130

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:42:17

Speed: 9.69 km/h
Running performance: 6:11 min/km

Rank in course/Total: 240 (of 537)

Rank in course/Men: 216 (of 440)

Best time in course: 1:41:44

Rank in category: 33(of 55)

Best time in the category: 2:00:57

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:58	6:39	46	8:01	356	9:46	3.30	21:58	6:39	46	8:01	356	9:46
Schlüsie	3.10	21:28	6:55	36	5:46	241	8:04	6.40	43:26	6:47	44	13:47	313	17:50
Hermannsklippe	2.60	18:38	7:09	29	4:25	205	6:44	9.00	1:02:04	6:53	38	18:12	278	24:34
Brocken	3.10	32:05	10:20	31	8:59	242	13:52	12.10	1:34:09	7:46	35	27:11	263	38:26
Eiserner Handwe	3.60	18:53	5:14	28	4:45	182	6:17	15.70	1:53:02	7:11	35	31:23	243	44:43
Schlüsie	4.10	17:36	4:17	20	4:05	153	5:39	19.80	2:10:38	6:35	32	34:22	217	50:22
Loddenke	3.10	14:49	4:46	24	4:05	183	4:45	22.90	2:25:27	6:21	31	36:57	214	55:07
Ilseburg/Markt	3.30	16:50	5:06	26	4:23	201	5:26	26.20	2:42:17	6:11	33	41:20	216	1:00:33