



52. Brockenlauf  
Ilseburg / 02.09.2023

Detailed evaluation

Schäfer, Detlef

Club: Gaensefurther Sportbewegung  
Number: 359

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 2:42:49

Speed: 9.58 km/h  
Running performance: 6:13 min/km

Rank in course/Total: 244 (of 537)

Rank in course/Men: 220 (of 440)

Best time in course: 1:41:44

Rank in category: 9(of 32)

Best time in the category: 2:24:05

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:24	6:10	15	2:36	273	8:12	3.30	20:24	6:10	15	2:36	273	8:12
Schlüsie	3.10	21:15	6:51	7	1:58	227	7:51	6.40	41:39	6:30	11	4:08	243	16:03
Hermannsklippe	2.60	19:28	7:29	9	2:59	255	7:34	9.00	1:01:07	6:47	9	7:07	253	23:37
Brocken	3.10	31:58	10:18	13	3:56	238	13:45	12.10	1:33:05	7:41	9	11:03	241	37:22
Eiserner Handwe	3.60	19:48	5:30	10	3:14	226	7:12	15.70	1:52:53	7:11	10	13:26	240	44:34
Schlüsie	4.10	19:49	4:50	13	3:10	277	7:52	19.80	2:12:42	6:42	10	16:27	248	52:26
Loddenke	3.10	14:42	4:44	4	1:19	170	4:38	22.90	2:27:24	6:26	10	17:46	235	57:04
Ilseburg/Markt	3.30	15:25	4:40	2	0:58	109	4:01	26.20	2:42:49	6:12	9	18:44	220	1:01:05