



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Böhme, Henrik

Club: GutsMuths-Rennsteiglaufverein
Number: 62

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:42:58

Speed: 9.57 km/h
Running performance: 6:13 min/km

Rank in course/Total: 246 (of 537)

Rank in course/Men: 221 (of 440)

Best time in course: 1:41:44

Rank in category: 25(of 59)

Best time in the category: 2:13:09

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:25	6:11	37	4:58	275	8:13	3.30	20:25	6:11	37	4:58	275	8:13
Schlüsie	3.10	21:51	7:02	30	3:57	262	8:27	6.40	42:16	6:36	35	8:51	268	16:40
Hermannsklippe	2.60	20:14	7:46	35	4:44	298	8:20	9.00	1:02:30	6:56	36	12:51	287	25:00
Brocken	3.10	31:20	10:06	24	6:38	212	13:07	12.10	1:33:50	7:45	27	18:28	252	38:07
Eiserner Handwe	3.60	21:37	6:00	41	6:19	317	9:01	15.70	1:55:27	7:21	33	24:17	272	47:08
Schlüsie	4.10	17:13	4:11	16	1:53	125	5:16	19.80	2:12:40	6:42	30	26:10	247	52:24
Loddenke	3.10	14:06	4:32	12	1:41	122	4:02	22.90	2:26:46	6:24	26	27:51	230	56:26
Ilseburg/Markt	3.30	16:12	4:54	19	2:22	155	4:48	26.20	2:42:58	6:13	25	29:49	221	1:01:14