



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Hoffmann, Jan

Club: Dedeleben
Number: 179

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:44:17

Speed: 9.50 km/h
Running performance: 6:16 min/km

Rank in course/Total: 257 (of 537)

Rank in course/Men: 230 (of 440)

Best time in course: 1:41:44

Rank in category: 33(of 47)

Best time in the category: 1:41:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:27	5:53	32	7:15	209	7:15	3.30	19:27	5:53	32	7:15	209	7:15
Schlüsie	3.10	20:52	6:43	34	7:28	202	7:28	6.40	40:19	6:17	32	14:43	199	14:43
Hermannsklippe	2.60	19:14	7:23	35	7:20	238	7:20	9.00	59:33	6:36	33	22:03	206	22:03
Brocken	3.10	31:48	10:15	31	13:35	232	13:35	12.10	1:31:21	7:32	34	35:38	222	35:38
Eiserner Handwe	3.60	21:21	5:55	37	8:45	294	8:45	15.70	1:52:42	7:10	35	44:23	235	44:23
Schlüsie	4.10	19:46	4:49	36	7:49	274	7:49	19.80	2:12:28	6:41	33	52:12	241	52:12
Loddenke	3.10	15:05	4:51	28	5:01	202	5:01	22.90	2:27:33	6:26	36	57:13	238	57:13
Ilseburg/Markt	3.30	16:44	5:04	26	5:20	195	5:20	26.20	2:44:17	6:16	33	1:02:33	230	1:02:33