



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Mußbach, Sven

Club: Zella-Mehlis
Number: 303

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:44:19

Speed: 9.49 km/h
Running performance: 6:16 min/km

Rank in course/Total: 258 (of 537)

Rank in course/Men: 231 (of 440)

Best time in course: 1:41:44

Rank in category: 26(of 59)

Best time in the category: 2:13:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:45	5:59	27	4:18	230	7:33	3.30	19:45	5:59	27	4:18	230	7:33
Schlüsie	3.10	22:14	7:10	37	4:20	291	8:50	6.40	41:59	6:33	32	8:34	259	16:23
Hermannsklippe	2.60	19:48	7:36	30	4:18	270	7:54	9.00	1:01:47	6:51	32	12:08	270	24:17
Brocken	3.10	32:13	10:23	27	7:31	251	14:00	12.10	1:34:00	7:46	28	18:38	256	38:17
Eiserner Handwe	3.60	19:41	5:28	28	4:23	221	7:05	15.70	1:53:41	7:14	29	22:31	250	45:22
Schlüsie	4.10	19:05	4:39	31	3:45	233	7:08	19.80	2:12:46	6:42	31	26:16	250	52:30
Loddenke	3.10	14:59	4:49	26	2:34	192	4:55	22.90	2:27:45	6:27	28	28:50	240	57:25
Ilseburg/Markt	3.30	16:34	5:01	25	2:44	183	5:10	26.20	2:44:19	6:16	26	31:10	231	1:02:35