



52. Brockenlauf  
Ilseburg / 02.09.2023

Detailed evaluation

Latting, Sebastian

Club: Berlin  
Number: 248

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 2:44:23

Speed: 9.49 km/h  
Running performance: 6:16 min/km

Rank in course/Total: 260 (of 537)

Rank in course/Men: 232 (of 440)

Best time in course: 1:41:44

Rank in category: 34(of 47)

Best time in the category: 1:41:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:04	6:04	38	7:52	252	7:52	3.30	20:04	6:04	38	7:52	252	7:52
Schlüsie	3.10	21:37	6:58	39	8:13	249	8:13	6.40	41:41	6:30	39	16:05	244	16:05
Hermannsklippe	2.60	18:43	7:11	31	6:49	210	6:49	9.00	1:00:24	6:42	37	22:54	230	22:54
Brocken	3.10	31:18	10:05	29	13:05	210	13:05	12.10	1:31:42	7:34	35	35:59	225	35:59
Eiserner Handwe	3.60	21:17	5:54	34	8:41	289	8:41	15.70	1:52:59	7:11	36	44:40	241	44:40
Schlüsie	4.10	19:37	4:47	34	7:40	263	7:40	19.80	2:12:36	6:41	35	52:20	244	52:20
Loddenke	3.10	14:43	4:44	25	4:39	172	4:39	22.90	2:27:19	6:25	34	56:59	233	56:59
Ilseburg/Markt	3.30	17:04	5:10	28	5:40	219	5:40	26.20	2:44:23	6:16	34	1:02:39	232	1:02:39