



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Sabados-Loges, Pia

Club: TV Altendorf-Ersdorf
Number: 357

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:44:53

Speed: 9.46 km/h
Running performance: 6:17 min/km

Rank in course/Total: 267 (of 537)

Rank in course/Women: 29 (of 97)

Best time in course: 2:02:52

Rank in category: 4(of 16)

Best time in the category: 2:29:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	19:50	6:00	4	2:56	28	4:51	3.30	19:50	6:00	4	2:56	28	4:51
Schlüsie	3.10	21:27	6:55	3	1:44	25	4:43	6.40	41:17	6:27	4	4:40	25	9:23
Hermannsklippe	2.60	20:32	7:53	4	2:52	38	6:06	9.00	1:01:49	6:52	4	7:32	27	15:04
Brocken	3.10	32:42	10:32	3	4:26	26	10:01	12.10	1:34:31	7:48	3	11:58	27	25:05
Eiserner Handwe	3.60	19:06	5:18	4	1:26	25	4:45	15.70	1:53:37	7:14	4	12:25	28	29:13
Schlüsie	4.10	19:35	4:46	4	1:34	47	6:05	19.80	2:13:12	6:43	4	13:51	30	34:11
Loddenke	3.10	15:15	4:55	4	1:21	28	3:59	22.90	2:28:27	6:28	4	14:43	31	38:10
Ilseburg/Markt	3.30	16:26	4:58	4	1:14	23	3:51	26.20	2:44:53	6:17	4	15:12	29	42:01