



52. Brockenlauf Ilseburg / 02.09.2023

Detailed evaluation

Dickehut, Nancy

Club: Brockenlaufverein
Number: 86

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:45:00

Speed: 9.45 km/h
Running performance: 6:18 min/km

Rank in course/Total: 270 (of 537)

Rank in course/Women: 31 (of 97)

Best time in course: 2:02:52

Rank in category: 6(of 12)

Best time in the category: 2:13:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	19:09	5:48	3	2:37	20	4:10	3.30	19:09	5:48	3	2:37	20	4:10
Schlüsle	3.10	22:09	7:08	4	3:34	31	5:25	6.40	41:18	6:27	3	6:11	26	9:24
Hermannsklippe	2.60	20:18	7:48	4	4:09	32	5:52	9.00	1:01:36	6:50	3	10:20	26	14:51
Brocken	3.10	32:54	10:36	4	7:04	29	10:13	12.10	1:34:30	7:48	4	17:24	26	25:04
Eiserner Handweg	3.60	19:06	5:18	4	3:16	25	4:45	15.70	1:53:36	7:14	4	20:40	27	29:12
Schlüsle	4.10	19:20	4:42	8	4:36	41	5:50	19.80	2:12:56	6:42	6	25:16	29	33:55
Loddenke	3.10	14:58	4:49	6	2:44	24	3:42	22.90	2:27:54	6:27	6	28:00	29	37:37
Ilseburg/Markt	3.30	17:06	5:10	7	3:05	35	4:31	26.20	2:45:00	6:17	6	31:05	31	42:08