



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Jermis, Dieter

Club: Hameln
Number: 11

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 2:45:36

Speed: 9.42 km/h
Running performance: 6:19 min/km

Rank in course/Total: 274 (of 537)

Rank in course/Men: 243 (of 440)

Best time in course: 1:41:44

Rank in category: 6(of 22)

Best time in the category: 2:22:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:11	5:48	5	2:04	186	6:59	3.30	19:11	5:48	5	2:04	186	6:59
Schlüsie	3.10	22:37	7:17	8	3:25	308	9:13	6.40	41:48	6:31	6	5:29	253	16:12
Hermannsklippe	2.60	19:40	7:33	6	2:28	263	7:46	9.00	1:01:28	6:49	6	7:57	259	23:58
Brocken	3.10	32:08	10:21	7	4:19	245	13:55	12.10	1:33:36	7:44	6	12:16	250	37:53
Eiserner Handwe	3.60	20:04	5:34	9	2:58	244	7:28	15.70	1:53:40	7:14	6	15:14	248	45:21
Schlüsie	4.10	18:30	4:30	6	2:51	202	6:33	19.80	2:12:10	6:40	6	18:05	238	51:54
Loddenke	3.10	15:20	4:56	8	2:06	222	5:16	22.90	2:27:30	6:26	6	20:11	236	57:10
Ilseburg/Markt	3.30	18:06	5:29	8	3:16	274	6:42	26.20	2:45:36	6:19	6	23:27	243	1:03:52