



52. Brockenlauf  
Ilseburg / 02.09.2023

Detailed evaluation

Stengel, Torsten

Club: KaMaToMi  
Number: 406

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 2:45:38

Speed: 9.49 km/h  
Running performance: 6:19 min/km

Rank in course/Total: 275 (of 537)

Rank in course/Men: 244 (of 440)

Best time in course: 1:41:44

Rank in category: 34(of 61)

Best time in the category: 2:00:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:28	5:35	19	3:57	140	6:16	3.30	18:28	5:35	19	3:57	140	6:16
Schlüsie	3.10	20:41	6:40	24	4:32	191	7:17	6.40	39:09	6:07	19	8:08	160	13:33
Hermannsklippe	2.60	18:40	7:10	29	4:34	208	6:46	9.00	57:49	6:25	22	12:42	175	20:19
Brocken	3.10	33:20	10:45	36	10:50	292	15:07	12.10	1:31:09	7:31	29	23:06	219	35:26
Eiserner Handwe	3.60	19:29	5:24	30	5:30	210	6:53	15.70	1:50:38	7:02	30	28:20	205	42:19
Schlüsie	4.10	20:29	4:59	39	6:57	300	8:32	19.80	2:11:07	6:37	30	35:16	222	50:51
Loddenke	3.10	15:56	5:08	34	4:39	267	5:52	22.90	2:27:03	6:25	32	39:42	231	56:43
Ilseburg/Markt	3.30	18:35	5:37	36	5:38	302	7:11	26.20	2:45:38	6:19	34	45:13	244	1:03:54