



52. Brockenlauf Ilseburg / 02.09.2023

Detailed evaluation

Wiedig, Michael

Club: Aschersleben

Number: 508

Course: 26.20 km

26,2 km - Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:45:48

Speed: 9.41 km/h

Running performance: 6:20 min/km

Rank in course/Total: 278 (of 537)

Rank in course/Men: 247 (of 440)

Best time in course: 1:41:44

Rank in category: 36(of 55)

Best time in the category: 2:00:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:19	5:33	15	4:22	126	6:07	3.30	18:19	5:33	15	4:22	126	6:07
Schlüsse	3.10	22:37	7:17	45	6:55	308	9:13	6.40	40:56	6:23	33	11:17	228	15:20
Hermannsklippe	2.60	21:21	8:12	49	7:08	350	9:27	9.00	1:02:17	6:55	40	18:25	283	24:47
Brocken	3.10	35:19	11:23	48	12:13	352	17:06	12.10	1:37:36	8:03	41	30:38	312	41:53
Eiserner Handwe	3.60	18:34	5:09	21	4:26	161	5:58	15.70	1:56:10	7:23	39	34:31	282	47:51
Schlüsse	4.10	17:57	4:22	23	4:26	172	6:00	19.80	2:14:07	6:46	37	37:51	262	53:51
Loddenke	3.10	14:36	4:42	21	3:52	161	4:32	22.90	2:28:43	6:29	36	40:13	248	58:23
Ilseburg/Markt	3.30	17:05	5:10	30	4:38	221	5:41	26.20	2:45:48	6:19	36	44:51	247	1:04:04