



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Mahler, Jürgen

Club: Stade
Number: 269

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:46:05

Speed: 9.39 km/h
Running performance: 6:20 min/km

Rank in course/Total: 279 (of 537)

Rank in course/Men: 248 (of 440)

Best time in course: 1:41:44

Rank in category: 37(of 55)

Best time in the category: 2:00:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:22	6:28	41	7:25	325	9:10	3.30	21:22	6:28	41	7:25	325	9:10
Schlüsie	3.10	21:53	7:03	39	6:11	266	8:29	6.40	43:15	6:45	42	13:36	304	17:39
Hermannsklippe	2.60	19:40	7:33	37	5:27	263	7:46	9.00	1:02:55	6:59	42	19:03	295	25:25
Brocken	3.10	33:18	10:44	37	10:12	291	15:05	12.10	1:36:13	7:57	39	29:15	292	40:30
Eiserner Handwe	3.60	19:25	5:23	30	5:17	205	6:49	15.70	1:55:38	7:21	38	33:59	278	47:19
Schlüsie	4.10	19:04	4:39	33	5:33	230	7:07	19.80	2:14:42	6:48	38	38:26	267	54:26
Loddenke	3.10	14:49	4:46	24	4:05	183	4:45	22.90	2:29:31	6:31	38	41:01	254	59:11
Ilseburg/Markt	3.30	16:34	5:01	22	4:07	183	5:10	26.20	2:46:05	6:20	37	45:08	248	1:04:21