



52. Brockenlauf  
Ilseburg / 02.09.2023

Detailed evaluation

Thiem, Steffen

Club: Berlin  
Number: 426

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 2:46:12

Speed: 9.46 km/h  
Running performance: 6:20 min/km

Rank in course/Total: 280 (of 537)

Rank in course/Men: 249 (of 440)

Best time in course: 1:41:44

Rank in category: 30(of 59)

Best time in the category: 2:13:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:03	6:22	43	5:36	306	8:51	3.30	21:03	6:22	43	5:36	306	8:51
Schlüsie	3.10	21:22	6:53	26	3:28	232	7:58	6.40	42:25	6:37	38	9:00	276	16:49
Hermannsklippe	2.60	19:03	7:19	24	3:33	225	7:09	9.00	1:01:28	6:49	29	11:49	259	23:58
Brocken	3.10	35:32	11:27	47	10:50	358	17:19	12.10	1:37:00	8:00	38	21:38	300	41:17
Eiserner Handwe	3.60	19:57	5:32	30	4:39	236	7:21	15.70	1:56:57	7:26	36	25:47	287	48:38
Schlüsie	4.10	18:21	4:28	25	3:01	192	6:24	19.80	2:15:18	6:50	35	28:48	275	55:02
Loddenke	3.10	14:35	4:42	20	2:10	160	4:31	22.90	2:29:53	6:32	32	30:58	255	59:33
Ilseburg/Markt	3.30	16:19	4:56	22	2:29	164	4:55	26.20	2:46:12	6:20	30	33:03	249	1:04:28