



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Hümpel, Stefan

Club: Straumann Laufteam
Number: 189

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:46:48

Speed: 9.35 km/h
Running performance: 6:22 min/km

Rank in course/Total: 282 (of 537)

Rank in course/Men: 251 (of 440)

Best time in course: 1:41:44

Rank in category: 32(of 59)

Best time in the category: 2:13:09

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:44	5:58	26	4:17	228	7:32	3.30	19:44	5:58	26	4:17	228	7:32
Schlüsie	3.10	21:07	6:48	23	3:13	217	7:43	6.40	40:51	6:22	24	7:26	226	15:15
Hermannsklippe	2.60	19:06	7:20	25	3:36	229	7:12	9.00	59:57	6:39	22	10:18	215	22:27
Brocken	3.10	31:39	10:12	25	6:57	223	13:26	12.10	1:31:36	7:34	25	16:14	224	35:53
Eiserner Handwe	3.60	20:38	5:43	32	5:20	264	8:02	15.70	1:52:14	7:08	25	21:04	229	43:55
Schlüsie	4.10	19:44	4:48	37	4:24	272	7:47	19.80	2:11:58	6:39	27	25:28	237	51:42
Loddenke	3.10	16:22	5:16	36	3:57	289	6:18	22.90	2:28:20	6:28	30	29:25	246	58:00
Ilseburg/Markt	3.30	18:28	5:35	38	4:38	298	7:04	26.20	2:46:48	6:21	32	33:39	251	1:05:04