



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Leonhardt, Ole

Club: Løgumkloster
Number: 254

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:47:40

Speed: 9.30 km/h
Running performance: 6:24 min/km

Rank in course/Total: 286 (of 537)

Rank in course/Men: 254 (of 440)

Best time in course: 1:41:44

Rank in category: 44(of 65)

Best time in the category: 1:52:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:44	5:58	40	6:12	228	7:32	3.30	19:44	5:58	40	6:12	228	7:32
Schlüsie	3.10	20:38	6:39	37	5:52	189	7:14	6.40	40:22	6:18	38	11:52	204	14:46
Hermannsklippe	2.60	18:20	7:03	37	5:27	185	6:26	9.00	58:42	6:31	38	17:19	197	21:12
Brocken	3.10	32:02	10:19	47	11:16	241	13:49	12.10	1:30:44	7:29	41	28:35	213	35:01
Eiserner Handwe	3.60	18:43	5:11	33	5:36	169	6:07	15.70	1:49:27	6:58	38	33:36	192	41:08
Schlüsie	4.10	19:08	4:40	41	6:11	237	7:11	19.80	2:08:35	6:29	38	39:36	200	48:19
Loddenke	3.10	18:05	5:49	59	7:15	368	8:01	22.90	2:26:40	6:24	40	46:36	228	56:20
Ilseburg/Markt	3.30	21:00	6:21	59	9:14	386	9:36	26.20	2:47:40	6:23	44	55:04	254	1:05:56