



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Drees, Jan

Club: BC BW Ermke
Number: 92

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:48:01

Speed: 9.28 km/h
Running performance: 6:25 min/km

Rank in course/Total: 288 (of 537)

Rank in course/Men: 255 (of 440)

Best time in course: 1:41:44

Rank in category: 38(of 47)

Best time in the category: 1:41:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:11	6:43	44	9:59	371	9:59	3.30	22:11	6:43	44	9:59	371	9:59
Schlüsie	3.10	22:02	7:06	41	8:38	279	8:38	6.40	44:13	6:54	44	18:37	331	18:37
Hermannsklippe	2.60	19:24	7:27	37	7:30	249	7:30	9.00	1:03:37	7:04	43	26:07	306	26:07
Brocken	3.10	30:17	9:46	22	12:04	175	12:04	12.10	1:33:54	7:45	38	38:11	254	38:11
Eiserner Handwe	3.60	21:25	5:56	38	8:49	303	8:49	15.70	1:55:19	7:20	40	47:00	271	47:00
Schlüsie	4.10	19:18	4:42	32	7:21	249	7:21	19.80	2:14:37	6:47	39	54:21	266	54:21
Loddenke	3.10	16:00	5:09	36	5:56	271	5:56	22.90	2:30:37	6:34	37	1:00:17	259	1:00:17
Ilseburg/Markt	3.30	17:24	5:16	33	6:00	244	6:00	26.20	2:48:01	6:24	38	1:06:17	255	1:06:17