



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Scharun, Kerstin

Club: OWOC
Number: 362

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 2:48:22

Speed: 9.34 km/h
Running performance: 6:26 min/km

Rank in course/Total: 289 (of 537)

Rank in course/Women: 34 (of 97)

Best time in course: 2:02:52

Rank in category: 3(of 17)

Best time in the category: 2:41:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	19:25	5:53	1	-	23	4:26	3.30	19:25	5:53	1	-	23	4:26
Schlüsie	3.10	21:53	7:03	3	0:36	29	5:09	6.40	41:18	6:27	2	0:20	26	9:24
Hermannsklippe	2.60	20:44	7:58	5	1:51	41	6:18	9.00	1:02:02	6:53	3	1:37	29	15:17
Brocken	3.10	34:19	11:04	6	3:49	44	11:38	12.10	1:36:21	7:57	4	3:51	33	26:55
Eiserner Handwe	3.60	19:44	5:28	1	-	31	5:23	15.70	1:56:05	7:23	2	3:43	32	31:41
Schlüsie	4.10	19:02	4:38	4	0:29	33	5:32	19.80	2:15:07	6:49	2	3:47	33	36:06
Loddenke	3.10	15:26	4:58	4	1:13	32	4:10	22.90	2:30:33	6:34	2	5:00	33	40:16
Ilseburg/Markt	3.30	17:49	5:23	7	1:28	50	5:14	26.20	2:48:22	6:25	3	6:28	34	45:30