



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

String, Philipp

Club: Stade
Number: 411

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 2:48:29

Speed: 9.26 km/h
Running performance: 6:26 min/km

Rank in course/Total: 292 (of 537)

Rank in course/Men: 258 (of 440)

Best time in course: 1:41:44

Rank in category: 7(of 22)

Best time in the category: 2:22:09

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:34	5:55	6	2:27	219	7:22	3.30	19:34	5:55	6	2:27	219	7:22
Schlüsie	3.10	21:32	6:56	5	2:20	244	8:08	6.40	41:06	6:25	5	4:47	234	15:30
Hermannsklippe	2.60	19:26	7:28	5	2:14	253	7:32	9.00	1:00:32	6:43	5	7:01	234	23:02
Brocken	3.10	32:15	10:24	8	4:26	252	14:02	12.10	1:32:47	7:40	5	11:27	236	37:04
Eiserner Handwe	3.60	20:57	5:49	11	3:51	273	8:21	15.70	1:53:44	7:14	7	15:18	251	45:25
Schlüsie	4.10	19:40	4:47	9	4:01	268	7:43	19.80	2:13:24	6:44	7	19:19	257	53:08
Loddenke	3.10	16:55	5:27	14	3:41	325	6:51	22.90	2:30:19	6:33	7	23:00	258	59:59
Ilseburg/Markt	3.30	18:10	5:30	9	3:20	279	6:46	26.20	2:48:29	6:25	7	26:20	258	1:06:45