



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Fischer, Sabine

Club: SG Zons
Number: 115

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W60 (60-64 Jahre)

Total time: 2:48:46

Speed: 9.24 km/h
Running performance: 6:26 min/km

Rank in course/Total: 294 (of 537)

Rank in course/Women: 35 (of 97)

Best time in course: 2:02:52

Rank in category: 1(of 4)

Best time in the category: 2:48:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	20:42	6:16	1	-	37	5:43	3.30	20:42	6:16	1	-	37	5:43
Schlüsie	3.10	22:59	7:24	1	-	43	6:15	6.40	43:41	6:49	1	-	39	11:47
Hermannsklippe	2.60	20:39	7:56	1	-	39	6:13	9.00	1:04:20	7:08	1	-	40	17:35
Brocken	3.10	33:12	10:42	1	-	34	10:31	12.10	1:37:32	8:03	1	-	37	28:06
Eiserner Handwe	3.60	18:57	5:15	1	-	23	4:36	15.70	1:56:29	7:25	1	-	35	32:05
Schlüsie	4.10	18:44	4:34	1	-	29	5:14	19.80	2:15:13	6:49	1	-	34	36:12
Loddenke	3.10	15:52	5:07	1	-	45	4:36	22.90	2:31:05	6:35	1	-	34	40:48
Ilseburg/Markt	3.30	17:41	5:21	1	-	47	5:06	26.20	2:48:46	6:26	1	-	35	45:54