



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Heidenbluth, Anja

Club: KSV Baunatal
Number: 167

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 2:49:19

Speed: 9.21 km/h
Running performance: 6:28 min/km

Rank in course/Total: 302 (of 537)

Rank in course/Women: 36 (of 97)

Best time in course: 2:02:52

Rank in category: 4(of 17)

Best time in the category: 2:41:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	21:39	6:33	9	2:14	55	6:40	3.30	21:39	6:33	9	2:14	55	6:40
Schlüsie	3.10	23:29	7:34	8	2:12	51	6:45	6.40	45:08	7:03	9	4:10	53	13:14
Hermannsklippe	2.60	20:01	7:41	3	1:08	29	5:35	9.00	1:05:09	7:14	7	4:44	47	18:24
Brocken	3.10	31:00	10:00	2	0:30	18	8:19	12.10	1:36:09	7:56	3	3:39	32	26:43
Eiserner Handwe	3.60	20:35	5:43	6	0:51	44	6:14	15.70	1:56:44	7:26	3	4:22	36	32:20
Schlüsie	4.10	19:29	4:45	7	0:56	45	5:59	19.80	2:16:13	6:52	3	4:53	36	37:12
Loddenke	3.10	15:52	5:07	7	1:39	45	4:36	22.90	2:32:05	6:38	4	6:32	37	41:48
Ilseburg/Markt	3.30	17:14	5:13	5	0:53	38	4:39	26.20	2:49:19	6:27	4	7:25	36	46:27