



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Rettig, Jens

Club: Lichtentanne
Number: 342

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:49:26

Speed: 9.21 km/h
Running performance: 6:28 min/km

Rank in course/Total: 304 (of 537)

Rank in course/Men: 268 (of 440)

Best time in course: 1:41:44

Rank in category: 34(of 59)

Best time in the category: 2:13:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:48	6:00	28	4:21	235	7:36	3.30	19:48	6:00	28	4:21	235	7:36
Schlüsie	3.10	22:11	7:09	35	4:17	288	8:47	6.40	41:59	6:33	32	8:34	259	16:23
Hermannsklippe	2.60	20:10	7:45	33	4:40	294	8:16	9.00	1:02:09	6:54	35	12:30	280	24:39
Brocken	3.10	32:59	10:38	34	8:17	281	14:46	12.10	1:35:08	7:51	33	19:46	273	39:25
Eiserner Handwe	3.60	20:49	5:46	33	5:31	271	8:13	15.70	1:55:57	7:23	35	24:47	280	47:38
Schlüsie	4.10	20:35	5:01	40	5:15	305	8:38	19.80	2:16:32	6:53	36	30:02	283	56:16
Loddenke	3.10	15:40	5:03	34	3:15	244	5:36	22.90	2:32:12	6:38	36	33:17	277	1:01:52
Ilseburg/Markt	3.30	17:14	5:13	32	3:24	233	5:50	26.20	2:49:26	6:28	34	36:17	268	1:07:42