



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Arefiev, Oleksandr

Club: Endurance School
Number: 31

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:49:51

Speed: 9.18 km/h
Running performance: 6:29 min/km

Rank in course/Total: 310 (of 537)

Rank in course/Men: 274 (of 440)

Best time in course: 1:41:44

Rank in category: 48(of 65)

Best time in the category: 1:52:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Loddenke	3.30	19:41	5:57	39	6:09	226	7:29	3.30	19:41	5:57	39	6:09	226	7:29
Schlüsie	3.10	23:23	7:32	57	8:37	346	9:59	6.40	43:04	6:43	50	14:34	294	17:28
Hermannsklippe	2.60	20:59	8:04	56	8:06	335	9:05	9.00	1:04:03	7:06	53	22:40	314	26:33
Brocken	3.10	31:23	10:07	41	10:37	215	13:10	12.10	1:35:26	7:53	50	33:17	279	39:43
Eiserner Handwe	3.60	20:10	5:36	47	7:03	250	7:34	15.70	1:55:36	7:21	51	39:45	277	47:17
Schlüsie	4.10	19:10	4:40	42	6:13	238	7:13	19.80	2:14:46	6:48	49	45:47	268	54:30
Loddenke	3.10	16:26	5:18	48	5:36	295	6:22	22.90	2:31:12	6:36	51	51:08	273	1:00:52
Ilseburg/Markt	3.30	18:39	5:39	51	6:53	306	7:15	26.20	2:49:51	6:28	48	57:15	274	1:08:07