



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Zimmermann, Philipp

Club: Hannover
Number: 565

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:50:33

Speed: 9.15 km/h
Running performance: 6:31 min/km

Rank in course/Total: 315 (of 537)

Rank in course/Men: 278 (of 440)

Best time in course: 1:41:44

Rank in category: 39(of 55)

Best time in the category: 2:00:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:32	6:49	52	8:35	388	10:20	3.30	22:32	6:49	52	8:35	388	10:20
Schlüsie	3.10	23:34	7:36	50	7:52	353	10:10	6.40	46:06	7:12	51	16:27	369	20:30
Hermannsklippe	2.60	20:07	7:44	38	5:54	290	8:13	9.00	1:06:13	7:21	50	22:21	350	28:43
Brocken	3.10	32:34	10:30	34	9:28	267	14:21	12.10	1:38:47	8:09	46	31:49	330	43:04
Eiserner Handwe	3.60	20:35	5:43	33	6:27	262	7:59	15.70	1:59:22	7:36	42	37:43	312	51:03
Schlüsie	4.10	19:26	4:44	37	5:55	254	7:29	19.80	2:18:48	7:00	40	42:32	302	58:32
Loddenke	3.10	15:04	4:51	28	4:20	199	5:00	22.90	2:33:52	6:43	40	45:22	293	1:03:32
Ilseburg/Markt	3.30	16:41	5:03	23	4:14	191	5:17	26.20	2:50:33	6:30	39	49:36	278	1:08:49