



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Werner, Arne

Club: Lüneburg
Number: 460

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:50:34

Speed: 9.15 km/h
Running performance: 6:31 min/km

Rank in course/Total: 316 (of 537)

Rank in course/Men: 279 (of 440)

Best time in course: 1:41:44

Rank in category: 24(of 34)

Best time in the category: 1:57:58

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:25	6:29	32	7:33	329	9:13	3.30	21:25	6:29	32	7:33	329	9:13
Schlüsie	3.10	21:10	6:49	21	5:48	222	7:46	6.40	42:35	6:39	25	13:21	280	16:59
Hermannsklippe	2.60	19:10	7:22	21	5:39	234	7:16	9.00	1:01:45	6:51	24	19:00	268	24:15
Brocken	3.10	31:12	10:03	19	10:21	203	12:59	12.10	1:32:57	7:40	20	29:21	238	37:14
Eiserner Handwe	3.60	25:12	7:00	31	10:41	400	12:36	15.70	1:58:09	7:31	26	39:04	295	49:50
Schlüsie	4.10	21:17	5:11	29	7:52	335	9:20	19.80	2:19:26	7:02	26	45:13	307	59:10
Loddenke	3.10	16:18	5:15	22	5:26	283	6:14	22.90	2:35:44	6:48	26	50:39	304	1:05:24
Ilseburg/Markt	3.30	14:50	4:29	10	2:12	77	3:26	26.20	2:50:34	6:30	24	52:36	279	1:08:50