



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Von Iven, Katrin

Club: LSG Ascania
Number: 562

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 2:51:06

Speed: 9.12 km/h
Running performance: 6:32 min/km

Rank in course/Total: 323 (of 537)

Rank in course/Women: 39 (of 97)

Best time in course: 2:02:52

Rank in category: 6(of 17)

Best time in the category: 2:41:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	21:08	6:24	4	1:43	44	6:09	3.30	21:08	6:24	4	1:43	44	6:09
Schlüsie	3.10	23:03	7:26	7	1:46	45	6:19	6.40	44:11	6:54	7	3:13	46	12:17
Hermannsklippe	2.60	20:48	8:00	6	1:55	43	6:22	9.00	1:04:59	7:13	5	4:34	44	18:14
Brocken	3.10	33:10	10:41	3	2:40	32	10:29	12.10	1:38:09	8:06	6	5:39	44	28:43
Eiserner Handwe	3.60	20:10	5:36	4	0:26	39	5:49	15.70	1:58:19	7:32	6	5:57	40	33:55
Schlüsie	4.10	19:09	4:40	5	0:36	35	5:39	19.80	2:17:28	6:56	5	6:08	38	38:27
Loddenke	3.10	15:34	5:01	5	1:21	37	4:18	22.90	2:33:02	6:40	5	7:29	38	42:45
Ilseburg/Markt	3.30	18:04	5:28	8	1:43	53	5:29	26.20	2:51:06	6:31	6	9:12	39	48:14