



52. Brockenlauf Ilseburg / 02.09.2023

Detailed evaluation

Malec, Andreas

Club: Deine Mudda Hannover
Number: 593

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:51:08

Speed: 9.12 km/h
Running performance: 6:32 min/km

Rank in course/Total: 325 (of 537)

Rank in course/Men: 286 (of 440)

Best time in course: 1:41:44

Rank in category: 40(of 55)

Best time in the category: 2:00:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:03	6:04	34	6:06	250	7:51	3.30	20:03	6:04	34	6:06	250	7:51
Schlüsse	3.10	21:34	6:57	37	5:52	246	8:10	6.40	41:37	6:30	35	11:58	242	16:01
Hermannsklippe	2.60	19:07	7:21	34	4:54	230	7:13	9.00	1:00:44	6:44	32	16:52	239	23:14
Brocken	3.10	32:05	10:20	31	8:59	242	13:52	12.10	1:32:49	7:40	34	25:51	237	37:06
Eiserner Handwe	3.60	22:08	6:08	45	8:00	331	9:32	15.70	1:54:57	7:19	37	33:18	269	46:38
Schlüsse	4.10	21:25	5:13	47	7:54	346	9:28	19.80	2:16:22	6:53	39	40:06	282	56:06
Loddenke	3.10	16:50	5:25	46	6:06	320	6:46	22.90	2:33:12	6:41	39	44:42	284	1:02:52
Ilseburg/Markt	3.30	17:56	5:26	41	5:29	266	6:32	26.20	2:51:08	6:31	40	50:11	286	1:09:24