



# 52. Brockenlauf

Ilseburg / 02.09.2023

## Detailed evaluation

### Kämpfe, Mario

Club: Hildesheim  
Number: 205

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 2:51:29

Speed: 9.17 km/h  
Running performance: 6:33 min/km

Rank in course/Total: 329 (of 537)

Rank in course/Men: 290 (of 440)

Best time in course: 1:41:44

Rank in category: 49(of 65)

Best time in the category: 1:52:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:52	5:43	33	5:20	169	6:40	3.30	18:52	5:43	33	5:20	169	6:40
Schlüsie	3.10	21:27	6:55	43	6:41	239	8:03	6.40	40:19	6:17	36	11:49	199	14:43
Hermannsklippe	2.60	18:17	7:01	35	5:24	180	6:23	9.00	58:36	6:30	37	17:13	194	21:06
Brocken	3.10	29:43	9:35	31	8:57	160	11:30	12.10	1:28:19	7:17	35	26:10	172	32:36
Eiserner Handwe	3.60	26:13	7:16	63	13:06	417	13:37	15.70	1:54:32	7:17	47	38:41	259	46:13
Schlüsie	4.10	23:23	5:42	63	10:26	397	11:26	19.80	2:17:55	6:57	53	48:56	293	57:39
Loddenke	3.10	16:43	5:23	52	5:53	312	6:39	22.90	2:34:38	6:45	52	54:34	296	1:04:18
Ilseburg/Markt	3.30	16:51	5:06	32	5:05	204	5:27	26.20	2:51:29	6:32	49	58:53	290	1:09:45