



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Demmer, Leonie

Club: ASICS FrontRunner // LGV Marathon Gießen
 Number: 588

Course: 26.20 km
 26,2 km - Lauf

Category:
 Frauen (20-29 Jahre)

Total time: 2:51:45

Speed: 9.08 km/h
 Running performance: 6:34 min/km

Rank in course/Total: 330 (of 537)

Rank in course/Women: 40 (of 97)

Best time in course: 2:02:52

Rank in category: 5(of 9)

Best time in the category: 2:03:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	21:29	6:30	7	5:54	50	6:30	3.30	21:29	6:30	7	5:54	50	6:30
Schlüsie	3.10	22:17	7:11	4	5:23	32	5:33	6.40	43:46	6:50	5	11:17	41	11:52
Hermannsklippe	2.60	20:27	7:51	5	5:40	36	6:01	9.00	1:04:13	7:08	5	16:57	37	17:28
Brocken	3.10	33:47	10:53	3	10:37	40	11:06	12.10	1:38:00	8:05	5	27:34	41	28:34
Eiserner Handwe	3.60	21:50	6:03	6	6:38	60	7:29	15.70	1:59:50	7:37	5	34:12	44	35:26
Schlüsie	4.10	18:52	4:36	5	4:54	30	5:22	19.80	2:18:42	7:00	6	39:06	42	39:41
Loddenke	3.10	15:42	5:03	6	4:15	43	4:26	22.90	2:34:24	6:44	6	43:21	41	44:07
Ilseburg/Markt	3.30	17:21	5:15	5	4:40	40	4:46	26.20	2:51:45	6:33	5	48:01	40	48:53