



52. Brockenlauf  
Ilseburg / 02.09.2023

Detailed evaluation

Dürr, Stefan

Club: Ekosem-Agrar  
Number: 94

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 2:52:04

Speed: 9.14 km/h  
Running performance: 6:34 min/km

Rank in course/Total: 334 (of 537)

Rank in course/Men: 292 (of 440)

Best time in course: 1:41:44

Rank in category: 39(of 59)

Best time in the category: 2:13:09

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:34	5:55	23	4:07	219	7:22	3.30	19:34	5:55	23	4:07	219	7:22
Schlüsie	3.10	20:56	6:45	20	3:02	205	7:32	6.40	40:30	6:19	21	7:05	210	14:54
Hermannsklippe	2.60	18:19	7:02	19	2:49	183	6:25	9.00	58:49	6:32	20	9:10	198	21:19
Brocken	3.10	31:03	10:00	22	6:21	197	12:50	12.10	1:29:52	7:25	20	14:30	199	34:09
Eiserner Handwe	3.60	21:33	5:59	39	6:15	312	8:57	15.70	1:51:25	7:05	23	20:15	215	43:06
Schlüsie	4.10	22:50	5:34	55	7:30	385	10:53	19.80	2:14:15	6:46	33	27:45	263	53:59
Loddenke	3.10	18:17	5:53	51	5:52	373	8:13	22.90	2:32:32	6:39	37	33:37	280	1:02:12
Ilseburg/Markt	3.30	19:32	5:55	45	5:42	350	8:08	26.20	2:52:04	6:34	39	38:55	292	1:10:20