



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Groß, Winfried

Club: Helbra
Number: 153

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:52:09

Speed: 9.06 km/h
Running performance: 6:34 min/km

Rank in course/Total: 335 (of 537)

Rank in course/Men: 293 (of 440)

Best time in course: 1:41:44

Rank in category: 14(of 32)

Best time in the category: 2:24:05

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | Total min/km | Pos Cat. | Behind Cat. | Total ranking | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------|---------|-----------------|-------------|----------------|---------------|---------------|
| | | | | | | Pos Men | Behind Men | km | Time | | | | Pos Men | Behind Men |
| Loddenke | 3.30 | 19:10 | 5:48 | 6 | 1:22 | 183 | 6:58 | 3.30 | 19:10 | 5:48 | 6 | 1:22 | 183 | 6:58 |
| Schlüsie | 3.10 | 21:37 | 6:58 | 9 | 2:20 | 249 | 8:13 | 6.40 | 40:47 | 6:22 | 8 | 3:16 | 222 | 15:11 |
| Hermannsklippe | 2.60 | 20:29 | 7:52 | 18 | 4:00 | 310 | 8:35 | 9.00 | 1:01:16 | 6:48 | 11 | 7:16 | 257 | 23:46 |
| Brocken | 3.10 | 36:10 | 11:39 | 22 | 8:08 | 369 | 17:57 | 12.10 | 1:37:26 | 8:03 | 16 | 15:24 | 307 | 41:43 |
| Eiserner Handwe | 3.60 | 22:27 | 6:14 | 21 | 5:53 | 345 | 9:51 | 15.70 | 1:59:53 | 7:38 | 17 | 20:26 | 321 | 51:34 |
| Schlüsie | 4.10 | 18:23 | 4:29 | 8 | 1:44 | 196 | 6:26 | 19.80 | 2:18:16 | 6:58 | 15 | 22:01 | 294 | 58:00 |
| Loddenke | 3.10 | 15:10 | 4:53 | 7 | 1:47 | 209 | 5:06 | 22.90 | 2:33:26 | 6:42 | 14 | 23:48 | 290 | 1:03:06 |
| Ilseburg/Markt | 3.30 | 18:43 | 5:40 | 19 | 4:16 | 309 | 7:19 | 26.20 | 2:52:09 | 6:34 | 14 | 28:04 | 293 | 1:10:25 |