



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Strobach, Desiree

Club: Ilseburg
Number: 579

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:52:48

Speed: 9.03 km/h
Running performance: 6:36 min/km

Rank in course/Total: 338 (of 537)

Rank in course/Women: 45 (of 97)

Best time in course: 2:02:52

Rank in category: 8(of 12)

Best time in the category: 2:13:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	24:22	7:23	11	7:50	89	9:23	3.30	24:22	7:23	11	7:50	89	9:23
Schlüsie	3.10	24:24	7:52	9	5:49	62	7:40	6.40	48:46	7:37	12	13:39	76	16:52
Hermannsklippe	2.60	20:55	8:02	8	4:46	47	6:29	9.00	1:09:41	7:44	11	18:25	68	22:56
Brocken	3.10	33:21	10:45	7	7:31	35	10:40	12.10	1:43:02	8:30	9	25:56	57	33:36
Eiserner Handwe	3.60	19:17	5:21	5	3:27	27	4:56	15.70	2:02:19	7:47	9	29:23	51	37:55
Schlüsie	4.10	18:36	4:32	5	3:52	27	5:06	19.80	2:20:55	7:07	8	33:15	49	41:54
Loddenke	3.10	15:24	4:58	8	3:10	31	4:08	22.90	2:36:19	6:49	8	36:25	45	46:02
Ilseburg/Markt	3.30	16:29	4:59	4	2:28	25	3:54	26.20	2:52:48	6:35	8	38:53	45	49:56