



52. Brockenlauf  
Ilseburg / 02.09.2023

Detailed evaluation

Gemm, Karsten

Club: Hann.Münden  
Number: 135

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 2:53:27

Speed: 8.99 km/h  
Running performance: 6:37 min/km

Rank in course/Total: 344 (of 537)

Rank in course/Men: 299 (of 440)

Best time in course: 1:41:44

Rank in category: 16(of 32)

Best time in the category: 2:24:05

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:49	6:54	25	5:01	402	10:37	3.30	22:49	6:54	25	5:01	402	10:37
Schlüsie	3.10	23:32	7:35	20	4:15	351	10:08	6.40	46:21	7:14	21	8:50	376	20:45
Hermannsklippe	2.60	20:05	7:43	14	3:36	287	8:11	9.00	1:06:26	7:22	20	12:26	353	28:56
Brocken	3.10	31:12	10:03	7	3:10	203	12:59	12.10	1:37:38	8:04	17	15:36	314	41:55
Eiserner Handwe	3.60	21:32	5:58	18	4:58	311	8:56	15.70	1:59:10	7:35	16	19:43	310	50:51
Schlüsie	4.10	20:08	4:54	17	3:29	292	8:11	19.80	2:19:18	7:02	16	23:03	304	59:02
Loddenke	3.10	16:02	5:10	14	2:39	274	5:58	22.90	2:35:20	6:46	16	25:42	303	1:05:00
Ilseburg/Markt	3.30	18:07	5:29	16	3:40	275	6:43	26.20	2:53:27	6:37	16	29:22	299	1:11:43