



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Birla, Clemens

Club: Dernau
Number: 50

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:54:30

Speed: 8.94 km/h
Running performance: 6:40 min/km

Rank in course/Total: 354 (of 537)

Rank in course/Men: 306 (of 440)

Best time in course: 1:41:44

Rank in category: 51(of 65)

Best time in the category: 1:52:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:48	6:54	62	9:16	400	10:36	3.30	22:48	6:54	62	9:16	400	10:36
Schlüsie	3.10	22:32	7:16	54	7:46	306	9:08	6.40	45:20	7:04	57	16:50	355	19:44
Hermannsklippe	2.60	19:32	7:30	48	6:39	257	7:38	9.00	1:04:52	7:12	55	23:29	330	27:22
Brocken	3.10	31:54	10:17	46	11:08	234	13:41	12.10	1:36:46	7:59	52	34:37	298	41:03
Eiserner Handwe	3.60	22:43	6:18	58	9:36	355	10:07	15.70	1:59:29	7:36	55	43:38	313	51:10
Schlüsie	4.10	19:56	4:51	51	6:59	285	7:59	19.80	2:19:25	7:02	54	50:26	306	59:09
Loddenke	3.10	16:40	5:22	51	5:50	309	6:36	22.90	2:36:05	6:48	54	56:01	306	1:05:45
Ilseburg/Markt	3.30	18:25	5:34	46	6:39	294	7:01	26.20	2:54:30	6:39	51	1:01:54	306	1:12:46