



52. Brockenlauf Ilseburg / 02.09.2023

Detailed evaluation

Lippelt, Janine

Club: Cremlingen
Number: 261

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 2:54:49

Speed: 8.92 km/h
Running performance: 6:40 min/km

Rank in course/Total: 358 (of 537)

Rank in course/Women: 49 (of 97)

Best time in course: 2:02:52

Rank in category: 9(of 15)

Best time in the category: 2:02:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	21:35	6:32	8	6:00	53	6:36	3.30	21:35	6:32	8	6:00	53	6:36
Schlüsle	3.10	22:31	7:15	9	5:47	35	5:47	6.40	44:06	6:53	9	11:47	45	12:12
Hermannsklippe	2.60	20:22	7:49	9	5:56	34	5:56	9.00	1:04:28	7:09	9	17:43	41	17:43
Brocken	3.10	35:18	11:23	9	12:37	51	12:37	12.10	1:39:46	8:14	9	30:20	47	30:20
Eiserner Handweg	3.60	19:54	5:31	8	4:56	35	5:33	15.70	1:59:40	7:37	8	35:16	42	35:16
Schlüsle	4.10	20:05	4:53	10	5:28	51	6:35	19.80	2:19:45	7:03	8	40:44	45	40:44
Loddenke	3.10	16:52	5:26	12	5:36	67	5:36	22.90	2:36:37	6:50	9	46:20	47	46:20
Ilseburg/Markt	3.30	18:12	5:30	9	5:37	56	5:37	26.20	2:54:49	6:40	9	51:57	49	51:57