



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

König, Christian

Club: LG Oerlinghausen
Number: 224

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:55:13

Speed: 8.90 km/h
Running performance: 6:41 min/km

Rank in course/Total: 359 (of 537)

Rank in course/Men: 310 (of 440)

Best time in course: 1:41:44

Rank in category: 52(of 65)

Best time in the category: 1:52:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:55	6:20	46	7:23	294	8:43	3.30	20:55	6:20	46	7:23	294	8:43
Schlüsie	3.10	22:09	7:08	51	7:23	284	8:45	6.40	43:04	6:43	50	14:34	294	17:28
Hermannsklippe	2.60	19:53	7:38	50	7:00	275	7:59	9.00	1:02:57	6:59	52	21:34	298	25:27
Brocken	3.10	31:42	10:13	43	10:56	227	13:29	12.10	1:34:39	7:49	47	32:30	266	38:56
Eiserner Handwe	3.60	22:00	6:06	56	8:53	326	9:24	15.70	1:56:39	7:25	52	40:48	285	48:20
Schlüsie	4.10	21:04	5:08	55	8:07	325	9:07	19.80	2:17:43	6:57	52	48:44	292	57:27
Loddenke	3.10	17:27	5:37	57	6:37	349	7:23	22.90	2:35:10	6:46	53	55:06	301	1:04:50
Ilseburg/Markt	3.30	20:03	6:04	55	8:17	359	8:39	26.20	2:55:13	6:41	52	1:02:37	310	1:13:29