



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Kosuch, Dieter

Club: Finanz Informatik
Number: 227

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:55:26

Speed: 8.89 km/h
Running performance: 6:42 min/km

Rank in course/Total: 361 (of 537)

Rank in course/Men: 312 (of 440)

Best time in course: 1:41:44

Rank in category: 17(of 32)

Best time in the category: 2:24:05

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:10	6:43	22	4:22	370	9:58	3.30	22:10	6:43	22	4:22	370	9:58
Schlüsie	3.10	24:32	7:54	21	5:15	377	11:08	6.40	46:42	7:17	22	9:11	380	21:06
Hermannsklippe	2.60	22:00	8:27	22	5:31	366	10:06	9.00	1:08:42	7:38	21	14:42	378	31:12
Brocken	3.10	34:16	11:03	19	6:14	325	16:03	12.10	1:42:58	8:30	22	20:56	368	47:15
Eiserner Handwe	3.60	19:36	5:26	9	3:02	218	7:00	15.70	2:02:34	7:48	20	23:07	345	54:15
Schlüsie	4.10	17:53	4:21	6	1:14	167	5:56	19.80	2:20:27	7:05	19	24:12	316	1:00:11
Loddenke	3.10	15:46	5:05	12	2:23	252	5:42	22.90	2:36:13	6:49	17	26:35	308	1:05:53
Ilseburg/Markt	3.30	19:13	5:49	23	4:46	340	7:49	26.20	2:55:26	6:41	17	31:21	312	1:13:42