



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Rückert, Ton

Club: Scopias
Number: 354

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 2:55:34

Speed: 8.89 km/h
Running performance: 6:42 min/km

Rank in course/Total: 362 (of 537)

Rank in course/Men: 313 (of 440)

Best time in course: 1:41:44

Rank in category: 10(of 22)

Best time in the category: 2:22:09

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 23:09 | 7:00 | 17 | 6:02 | 414 | 10:57 | 3.30 | 23:09 | 7:00 | 17 | 6:02 | 414 | 10:57 |
| Schlüsie | 3.10 | 24:37 | 7:56 | 15 | 5:25 | 382 | 11:13 | 6.40 | 47:46 | 7:27 | 15 | 11:27 | 398 | 22:10 |
| Hermannsklippe | 2.60 | 21:15 | 8:10 | 9 | 4:03 | 343 | 9:21 | 9.00 | 1:09:01 | 7:40 | 14 | 15:30 | 384 | 31:31 |
| Brocken | 3.10 | 34:46 | 11:12 | 12 | 6:57 | 339 | 16:33 | 12.10 | 1:43:47 | 8:34 | 12 | 22:27 | 374 | 48:04 |
| Eiserner Handwe | 3.60 | 19:34 | 5:26 | 5 | 2:28 | 214 | 6:58 | 15.70 | 2:03:21 | 7:51 | 12 | 24:55 | 352 | 55:02 |
| Schlüsie | 4.10 | 21:03 | 5:08 | 13 | 5:24 | 324 | 9:06 | 19.80 | 2:24:24 | 7:17 | 12 | 30:19 | 350 | 1:04:08 |
| Loddenke | 3.10 | 14:48 | 4:46 | 5 | 1:34 | 179 | 4:44 | 22.90 | 2:39:12 | 6:57 | 11 | 31:53 | 334 | 1:08:52 |
| Ilseburg/Markt | 3.30 | 16:22 | 4:57 | 4 | 1:32 | 171 | 4:58 | 26.20 | 2:55:34 | 6:42 | 10 | 33:25 | 313 | 1:13:50 |