



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Rückert, Ton

Club: Scopias
Number: 354

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 2:55:34

Speed: 8.89 km/h
Running performance: 6:42 min/km

Rank in course/Total: 362 (of 537)

Rank in course/Men: 313 (of 440)

Best time in course: 1:41:44

Rank in category: 10(of 22)

Best time in the category: 2:22:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:09	7:00	17	6:02	414	10:57	3.30	23:09	7:00	17	6:02	414	10:57
Schlüsie	3.10	24:37	7:56	15	5:25	382	11:13	6.40	47:46	7:27	15	11:27	398	22:10
Hermannsklippe	2.60	21:15	8:10	9	4:03	343	9:21	9.00	1:09:01	7:40	14	15:30	384	31:31
Brocken	3.10	34:46	11:12	12	6:57	339	16:33	12.10	1:43:47	8:34	12	22:27	374	48:04
Eiserner Handwe	3.60	19:34	5:26	5	2:28	214	6:58	15.70	2:03:21	7:51	12	24:55	352	55:02
Schlüsie	4.10	21:03	5:08	13	5:24	324	9:06	19.80	2:24:24	7:17	12	30:19	350	1:04:08
Loddenke	3.10	14:48	4:46	5	1:34	179	4:44	22.90	2:39:12	6:57	11	31:53	334	1:08:52
Ilseburg/Markt	3.30	16:22	4:57	4	1:32	171	4:58	26.20	2:55:34	6:42	10	33:25	313	1:13:50