



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Roth, Klaus

Club: Holle
Number: 70

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:55:36

Speed: 8.88 km/h
Running performance: 6:42 min/km

Rank in course/Total: 363 (of 537)

Rank in course/Men: 314 (of 440)

Best time in course: 1:41:44

Rank in category: 18(of 32)

Best time in the category: 2:24:05

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:26	5:53	9	1:38	206	7:14	3.30	19:26	5:53	9	1:38	206	7:14
Schlüsie	3.10	22:40	7:18	16	3:23	312	9:16	6.40	42:06	6:34	13	4:35	263	16:30
Hermannsklippe	2.60	20:40	7:56	19	4:11	320	8:46	9.00	1:02:46	6:58	16	8:46	293	25:16
Brocken	3.10	36:50	11:52	25	8:48	380	18:37	12.10	1:39:36	8:13	19	17:34	335	43:53
Eiserner Handwe	3.60	21:08	5:52	15	4:34	281	8:32	15.70	2:00:44	7:41	18	21:17	334	52:25
Schlüsie	4.10	19:25	4:44	12	2:46	253	7:28	19.80	2:20:09	7:04	18	23:54	312	59:53
Loddenke	3.10	16:21	5:16	17	2:58	287	6:17	22.90	2:36:30	6:50	18	26:52	312	1:06:10
Ilseburg/Markt	3.30	19:06	5:47	21	4:39	334	7:42	26.20	2:55:36	6:42	18	31:31	314	1:13:52