



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Zöllner, Stephanie

Club: Braunschweig
Number: 1097

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:55:49

Speed: 8.87 km/h
Running performance: 6:43 min/km

Rank in course/Total: 366 (of 537)

Rank in course/Women: 50 (of 97)

Best time in course: 2:02:52

Rank in category: 9(of 12)

Best time in the category: 2:13:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	21:28	6:30	9	4:56	49	6:29	3.30	21:28	6:30	9	4:56	49	6:29
Schlüsie	3.10	24:05	7:46	8	5:30	59	7:21	6.40	45:33	7:07	7	10:26	55	13:39
Hermannsklippe	2.60	21:17	8:11	9	5:08	50	6:51	9.00	1:06:50	7:25	8	15:34	55	20:05
Brocken	3.10	33:41	10:51	8	7:51	38	11:00	12.10	1:40:31	8:18	8	23:25	49	31:05
Eiserner Handwe	3.60	20:10	5:36	7	4:20	39	5:49	15.70	2:00:41	7:41	8	27:45	49	36:17
Schlüsie	4.10	20:50	5:04	11	6:06	66	7:20	19.80	2:21:31	7:08	9	33:51	51	42:30
Loddenke	3.10	16:28	5:18	11	4:14	59	5:12	22.90	2:37:59	6:53	9	38:05	51	47:42
Ilseburg/Markt	3.30	17:50	5:24	11	3:49	51	5:15	26.20	2:55:49	6:42	9	41:54	50	52:57