



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Zöllner, Stephanie

Club: Braunschweig
Number: 1097

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:55:49

Speed: 8.87 km/h
Running performance: 6:43 min/km

Rank in course/Total: 366 (of 537)

Rank in course/Women: 50 (of 97)

Best time in course: 2:02:52

Rank in category: 9(of 12)

Best time in the category: 2:13:55

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Loddenke | 3.30 | 21:28 | 6:30 | 9 | 4:56 | 49 | 6:29 | 3.30 | 21:28 | 6:30 | 9 | 4:56 | 49 | 6:29 |
| Schlüsie | 3.10 | 24:05 | 7:46 | 8 | 5:30 | 59 | 7:21 | 6.40 | 45:33 | 7:07 | 7 | 10:26 | 55 | 13:39 |
| Hermannsklippe | 2.60 | 21:17 | 8:11 | 9 | 5:08 | 50 | 6:51 | 9.00 | 1:06:50 | 7:25 | 8 | 15:34 | 55 | 20:05 |
| Brocken | 3.10 | 33:41 | 10:51 | 8 | 7:51 | 38 | 11:00 | 12.10 | 1:40:31 | 8:18 | 8 | 23:25 | 49 | 31:05 |
| Eiserner Handwe | 3.60 | 20:10 | 5:36 | 7 | 4:20 | 39 | 5:49 | 15.70 | 2:00:41 | 7:41 | 8 | 27:45 | 49 | 36:17 |
| Schlüsie | 4.10 | 20:50 | 5:04 | 11 | 6:06 | 66 | 7:20 | 19.80 | 2:21:31 | 7:08 | 9 | 33:51 | 51 | 42:30 |
| Loddenke | 3.10 | 16:28 | 5:18 | 11 | 4:14 | 59 | 5:12 | 22.90 | 2:37:59 | 6:53 | 9 | 38:05 | 51 | 47:42 |
| Ilseburg/Markt | 3.30 | 17:50 | 5:24 | 11 | 3:49 | 51 | 5:15 | 26.20 | 2:55:49 | 6:42 | 9 | 41:54 | 50 | 52:57 |