



# 52. Brockenlauf

Ilseburg / 02.09.2023

## Detailed evaluation

**Heym, Andreas**

Club: EDEKA-Team ERFURT  
Number: 496

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:55:50

Speed: 8.87 km/h  
Running performance: 6:43 min/km

Rank in course/Total: 367 (of 537)

Rank in course/Men: 317 (of 440)

Best time in course: 1:41:44

Rank in category: 45(of 55)

Best time in the category: 2:00:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:21	5:51	28	5:24	196	7:09	3.30	19:21	5:51	28	5:24	196	7:09
Schlüsie	3.10	23:16	7:30	49	7:34	341	9:52	6.40	42:37	6:39	39	12:58	284	17:01
Hermannsklippe	2.60	22:11	8:31	52	7:58	374	10:17	9.00	1:04:48	7:11	47	20:56	327	27:18
Brocken	3.10	36:00	11:36	50	12:54	365	17:47	12.10	1:40:48	8:19	50	33:50	349	45:05
Eiserner Handwe	3.60	22:30	6:15	48	8:22	347	9:54	15.70	2:03:18	7:51	50	41:39	350	54:59
Schlüsie	4.10	20:08	4:54	39	6:37	292	8:11	19.80	2:23:26	7:14	48	47:10	341	1:03:10
Loddenke	3.10	15:17	4:55	32	4:33	217	5:13	22.90	2:38:43	6:55	46	50:13	328	1:08:23
Ilseburg/Markt	3.30	17:07	5:11	32	4:40	224	5:43	26.20	2:55:50	6:42	45	54:53	317	1:14:06