



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Olßta, Kerstin

Club: Essen
Number: 551

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 2:56:03

Speed: 8.93 km/h
Running performance: 6:43 min/km

Rank in course/Total: 369 (of 537)

Rank in course/Women: 51 (of 97)

Best time in course: 2:02:52

Rank in category: 8(of 17)

Best time in the category: 2:41:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Loddenke	3.30	21:20	6:27	6	46	1:55	6:21	3.30	21:20	6:27	6	46	1:55	6:21
Schlüsie	3.10	22:44	7:19	5	39	1:27	6:00	6.40	44:04	6:53	6	44	3:06	12:10
Hermannsklippe	2.60	21:18	8:11	8	51	2:25	6:52	9.00	1:05:22	7:15	8	50	4:57	18:37
Brocken	3.10	36:54	11:54	10	64	6:24	14:13	12.10	1:42:16	8:27	9	53	9:46	32:50
Eiserner Handwe	3.60	21:21	5:55	10	52	1:37	7:00	15.70	2:03:37	7:52	9	55	11:15	39:13
Schlüsie	4.10	20:10	4:55	9	53	1:37	6:40	19.80	2:23:47	7:15	9	53	12:27	44:46
Loddenke	3.10	15:21	4:57	3	29	1:08	4:05	22.90	2:39:08	6:56	9	53	13:35	48:51
Ilseburg/Markt	3.30	16:55	5:07	4	32	0:34	4:20	26.20	2:56:03	6:43	8	51	14:09	53:11