



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Werner, Nils Thore

Club: Lüneburg
Number: 461

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:56:40

Speed: 8.83 km/h
Running performance: 6:44 min/km

Rank in course/Total: 372 (of 537)

Rank in course/Men: 321 (of 440)

Best time in course: 1:41:44

Rank in category: 28(of 34)

Best time in the category: 1:57:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:12	6:25	30	7:20	316	9:00	3.30	21:12	6:25	30	7:20	316	9:00
Schlüsie	3.10	21:21	6:53	22	5:59	229	7:57	6.40	42:33	6:38	24	13:19	278	16:57
Hermannsklippe	2.60	19:53	7:38	24	6:22	275	7:59	9.00	1:02:26	6:56	25	19:41	286	24:56
Brocken	3.10	34:08	11:00	28	13:17	320	15:55	12.10	1:36:34	7:58	24	32:58	296	40:51
Eiserner Handwe	3.60	24:12	6:43	29	9:41	384	11:36	15.70	2:00:46	7:41	31	41:41	335	52:27
Schlüsie	4.10	21:40	5:17	30	8:15	354	9:43	19.80	2:22:26	7:11	29	48:13	334	1:02:10
Loddenke	3.10	17:07	5:31	27	6:15	337	7:03	22.90	2:39:33	6:58	29	54:28	339	1:09:13
Ilseburg/Markt	3.30	17:07	5:11	24	4:29	224	5:43	26.20	2:56:40	6:44	28	58:42	321	1:14:56