



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

McPherron, Shannon

Club: Leipzig
Number: 285

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:57:27

Speed: 8.79 km/h
Running performance: 6:46 min/km

Rank in course/Total: 377 (of 537)

Rank in course/Men: 325 (of 440)

Best time in course: 1:41:44

Rank in category: 19(of 32)

Best time in the category: 2:24:05

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:31	6:31	18	3:43	334	9:19	3.30	21:31	6:31	18	3:43	334	9:19
Schlüsie	3.10	21:24	6:54	8	2:07	236	8:00	6.40	42:55	6:42	15	5:24	293	17:19
Hermannsklippe	2.60	18:58	7:17	7	2:29	223	7:04	9.00	1:01:53	6:52	13	7:53	275	24:23
Brocken	3.10	31:39	10:12	11	3:37	223	13:26	12.10	1:33:32	7:43	11	11:30	248	37:49
Eiserner Handwe	3.60	22:54	6:21	23	6:20	363	10:18	15.70	1:56:26	7:24	14	16:59	283	48:07
Schlüsie	4.10	23:33	5:44	27	6:54	399	11:36	19.80	2:19:59	7:04	17	23:44	311	59:43
Loddenke	3.10	17:37	5:40	23	4:14	353	7:33	22.90	2:37:36	6:52	19	27:58	321	1:07:16
Ilseburg/Markt	3.30	19:51	6:00	25	5:24	356	8:27	26.20	2:57:27	6:46	19	33:22	325	1:15:43