



52. Brockenlauf  
Ilseburg / 02.09.2023

Detailed evaluation

Van Olst, Willem

Club: Beetsterzwaag  
Number: 441

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 2:58:58

Speed: 8.72 km/h  
Running performance: 6:50 min/km

Rank in course/Total: 388 (of 537)

Rank in course/Men: 334 (of 440)

Best time in course: 1:41:44

Rank in category: 45(of 57)

Best time in the category: 1:54:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:02	6:22	40	6:45	302	8:50	3.30	21:02	6:22	40	6:45	302	8:50
Schlüsie	3.10	23:03	7:26	42	7:18	330	9:39	6.40	44:05	6:53	41	14:03	325	18:29
Hermannsklippe	2.60	20:44	7:58	46	7:04	325	8:50	9.00	1:04:49	7:12	45	21:07	328	27:19
Brocken	3.10	33:42	10:52	45	12:53	305	15:29	12.10	1:38:31	8:08	43	34:00	325	42:48
Eiserner Handwe	3.60	21:05	5:51	39	7:28	279	8:29	15.70	1:59:36	7:37	42	41:28	315	51:17
Schlüsie	4.10	23:59	5:50	55	10:41	407	12:02	19.80	2:23:35	7:15	48	52:09	343	1:03:19
Loddenke	3.10	17:18	5:34	44	5:59	346	7:14	22.90	2:40:53	7:01	48	58:08	345	1:10:33
Ilseburg/Markt	3.30	18:05	5:28	38	5:54	273	6:41	26.20	2:58:58	6:49	45	1:04:02	334	1:17:14