



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Kobus, Martijn

Club: Survivalvereniging Groningen
Number: 218

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:58:56

Speed: 8.72 km/h
Running performance: 6:50 min/km

Rank in course/Total: 387 (of 537)

Rank in course/Men: 333 (of 440)

Best time in course: 1:41:44

Rank in category: 47(of 55)

Best time in the category: 2:00:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:01	6:40	47	8:04	359	9:49	3.30	22:01	6:40	47	8:04	359	9:49
Schlüsie	3.10	22:54	7:23	47	7:12	321	9:30	6.40	44:55	7:01	48	15:16	346	19:19
Hermannsklippe	2.60	21:07	8:07	47	6:54	339	9:13	9.00	1:06:02	7:20	48	22:10	345	28:32
Brocken	3.10	31:56	10:18	30	8:50	236	13:43	12.10	1:37:58	8:05	43	31:00	317	42:15
Eiserner Handwe	3.60	21:38	6:00	41	7:30	318	9:02	15.70	1:59:36	7:37	43	37:57	315	51:17
Schlüsie	4.10	24:16	5:55	51	10:45	411	12:19	19.80	2:23:52	7:15	49	47:36	345	1:03:36
Loddenke	3.10	17:00	5:29	47	6:16	332	6:56	22.90	2:40:52	7:01	49	52:22	344	1:10:32
Ilseburg/Markt	3.30	18:04	5:28	42	5:37	272	6:40	26.20	2:58:56	6:49	47	57:59	333	1:17:12