



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Schmidt, Thomas

Club: Braunschweig
Number: 376

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:59:03

Speed: 8.71 km/h
Running performance: 6:50 min/km

Rank in course/Total: 389 (of 537)

Rank in course/Men: 335 (of 440)

Best time in course: 1:41:44

Rank in category: 46(of 57)

Best time in the category: 1:54:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:06	6:23	42	6:49	311	8:54	3.30	21:06	6:23	42	6:49	311	8:54
Schlüsie	3.10	22:11	7:09	38	6:26	288	8:47	6.40	43:17	6:45	38	13:15	306	17:41
Hermannsklippe	2.60	18:29	7:06	32	4:49	196	6:35	9.00	1:01:46	6:51	35	18:04	269	24:16
Brocken	3.10	29:16	9:26	24	8:27	140	11:03	12.10	1:31:02	7:31	33	26:31	218	35:19
Eiserner Handwe	3.60	25:26	7:03	53	11:49	406	12:50	15.70	1:56:28	7:25	38	38:20	284	48:09
Schlüsie	4.10	23:00	5:36	51	9:42	390	11:03	19.80	2:19:28	7:02	40	48:02	308	59:12
Loddenke	3.10	19:41	6:20	55	8:22	410	9:37	22.90	2:39:09	6:56	44	56:24	333	1:08:49
Ilseburg/Markt	3.30	19:54	6:01	49	7:43	358	8:30	26.20	2:59:03	6:50	46	1:04:07	335	1:17:19