



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Stelzer-Scholz, René

Club: Die Unverwüstlichen
Number: 405

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 3:00:18

Speed: 8.65 km/h
Running performance: 6:53 min/km

Rank in course/Total: 398 (of 537)

Rank in course/Men: 343 (of 440)

Best time in course: 1:41:44

Rank in category: 58(of 65)

Best time in the category: 1:52:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:03	6:40	56	8:31	361	9:51	3.30	22:03	6:40	56	8:31	361	9:51
Schlüsie	3.10	23:55	7:42	58	9:09	367	10:31	6.40	45:58	7:10	58	17:28	365	20:22
Hermannsklippe	2.60	22:32	8:40	61	9:39	385	10:38	9.00	1:08:30	7:36	60	27:07	375	31:00
Brocken	3.10	34:23	11:05	58	13:37	329	16:10	12.10	1:42:53	8:30	60	40:44	366	47:10
Eiserner Handwe	3.60	22:18	6:11	57	9:11	337	9:42	15.70	2:05:11	7:58	58	49:20	365	56:52
Schlüsie	4.10	20:17	4:56	52	7:20	295	8:20	19.80	2:25:28	7:20	58	56:29	356	1:05:12
Loddenke	3.10	16:38	5:21	49	5:48	305	6:34	22.90	2:42:06	7:04	58	1:02:02	349	1:11:46
Ilseburg/Markt	3.30	18:12	5:30	43	6:26	281	6:48	26.20	3:00:18	6:52	58	1:07:42	343	1:18:34