



52. Brockenlauf  
Ilseburg / 02.09.2023

Detailed evaluation

Hartkopf, Ingo

Club: Die Hartköpfe  
Number: 165

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 3:00:53

Speed: 8.62 km/h  
Running performance: 6:54 min/km

Rank in course/Total: 401 (of 537)

Rank in course/Men: 345 (of 440)

Best time in course: 1:41:44

Rank in category: 20(of 32)

Best time in the category: 2:24:05

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:13	6:43	23	4:25	374	10:01	3.30	22:13	6:43	23	4:25	374	10:01
Schlüsie	3.10	22:48	7:21	17	3:31	317	9:24	6.40	45:01	7:02	18	7:30	348	19:25
Hermannsklippe	2.60	19:53	7:38	13	3:24	275	7:59	9.00	1:04:54	7:12	18	10:54	331	27:24
Brocken	3.10	31:22	10:07	10	3:20	214	13:09	12.10	1:36:16	7:57	15	14:14	293	40:33
Eiserner Handwe	3.60	25:46	7:09	29	9:12	411	13:10	15.70	2:02:02	7:46	19	22:35	340	53:43
Schlüsie	4.10	22:18	5:26	23	5:39	373	10:21	19.80	2:24:20	7:17	20	28:05	348	1:04:04
Loddenke	3.10	17:37	5:40	23	4:14	353	7:33	22.90	2:41:57	7:04	20	32:19	348	1:11:37
Ilseburg/Markt	3.30	18:56	5:44	20	4:29	322	7:32	26.20	3:00:53	6:54	20	36:48	345	1:19:09