



52. Brockenlauf Ilseburg / 02.09.2023

Detailed evaluation

Droste, Kathrin

Club: Brockenlaufverein

Number: 93

Course: 26.20 km

26,2 km - Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 3:00:54

Speed: 8.69 km/h

Running performance: 6:54 min/km

Rank in course/Total: 402 (of 537)

Rank in course/Women: 57 (of 97)

Best time in course: 2:02:52

Rank in category: 10(of 12)

Best time in the category: 2:13:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	21:06	6:23	8	4:34	43	6:07	3.30	21:06	6:23	8	4:34	43	6:07
Schlüsie	3.10	25:07	8:06	10	6:32	68	8:23	6.40	46:13	7:13	10	11:06	61	14:19
Hermannsklippe	2.60	22:42	8:43	10	6:33	67	8:16	9.00	1:08:55	7:39	9	17:39	61	22:10
Brocken	3.10	36:37	11:48	10	10:47	60	13:56	12.10	1:45:32	8:43	10	28:26	63	36:06
Eiserner Handweg	3.60	21:30	5:58	10	5:40	56	7:09	15.70	2:07:02	8:05	10	34:06	59	42:38
Schlüsie	4.10	20:05	4:53	9	5:21	51	6:35	19.80	2:27:07	7:25	10	39:27	59	48:06
Loddenke	3.10	16:24	5:17	10	4:10	58	5:08	22.90	2:43:31	7:08	10	43:37	58	53:14
Ilseburg/Markt	3.30	17:23	5:16	9	3:22	42	4:48	26.20	3:00:54	6:54	10	46:59	57	58:02